



# Introduction

## AILAA HIMALAYAN BAR

**Ailaa** is a traditional homemade spirit of Nepal, distilled from fermented grains and treasured for generations. Widely enjoyed in Kathmandu and beyond, Ailaa represents more than a drink — it embodies heritage, celebration, and community. In Newari culture, Ailaa holds deep religious significance. It is offered first to the gods during festivals and special gatherings, a ritual believed to invite blessings of prosperity and good fortune. Each pour carries the warmth of tradition and the spirit of home.

At Ailaa, we honor these time-held customs while introducing the rich and diverse flavors of Nepal to the DFW community.

From authentic regional recipes to thoughtfully modern interpretations, our dishes are crafted to celebrate Nepal's vibrant culinary heritage.

Inspired by Bhaktapur Durbar Square, our interior reflects its historic courtyards, intricate artistry, and cultural motifs, creating an immersive experience filled with the warmth, nostalgia, and charm of traditional Nepal — if only for a moment.

Come experience the spirit of the Himalayas.

Come savor the soul of Nepal.



Starters or Appetizers

### CHOILA

Grilled meat or mushroom marinated in a homemade chilli sauce & served cold

<b>BUFF. CHOILA</b>	<b>\$14.99</b>
<b>CHICKEN CHOILA</b>	<b>\$12.99</b>
<b>MUSHROOM CHOILA &amp; NUTELLA</b>	<b>\$10.99</b>

### CHILLI

Choice of meat or vegetables sauteed w/ assorted peppers, onions & homemade chilli sauce

<b>BUFF. CHILLI</b>	<b>\$16.99</b>
<b>PORK CHILLI</b>	<b>\$14.99</b>
<b>CHICKEN CHILLI</b>	<b>\$12.99</b>
<b>CHIPS CHILLI</b>	<b>\$10.99</b>
<b>SUKUTI (JERKY) CHILLI</b>	<b>\$17.99</b>

<b>ALOO SANDEKO</b>	<b>\$9.99</b>
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Fresh cut boiled potato, onion, tomato, chilli w/ Himalayan spices

<b>BUFF. SUKUTI (JERKY) SANDEKO</b>	<b>\$15.99</b>
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Buffalo jerky mean mixed with peanut oil & homemade chilli sauce

<b>CHICKEN LOLLIPOP</b>	<b>\$10.99</b>
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Deep fried chicken wings battered w/ Himalayan spices

<b>MACHHA TAREKO</b>	<b>\$16.99</b>
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Roe fish marinated w/ Himalayan spices fried to perfection

<b>MALEKHU KO MACHHA</b>	<b>\$14.99</b>
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Deep fried smelt fish battered w/ chickpea flour

<b>WAI WAI SANDEKO</b>	<b>\$7.99</b>
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Instant noodle mixed w/ fresh onion & tomato w/ Himalayan spices

<b>CHIPS &amp; CHUTNEY</b>	<b>\$7.99</b>
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Home made chips w/ Himalayan salsa

<b>BAR FRIES (REGULAR / SPICY)</b>	<b>\$7.99</b>
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Home made chips w/ Himalayan spices & sichuan pepper corn

### AILAA NANGLO SET

Set of 10 different chefs special appetizers

<b>BUFF</b>	<b>\$49.99</b>
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<b>CHICKEN</b>	<b>\$44.99</b>
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**Food Allergy Notice:** Before placing an order please inform your server if you or someone in your party has a food allergy. Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

# EXOTIC HIMALAYAN SITTAN

<b>TAUKO FRY</b> Whole goat head boiled & pan fried w/ onions & peppers	<b>\$12.99</b>
<b>JIBRO FRY</b> Beef tongue boiled & pan fried w/ Himalayan spices	<b>\$16.99</b>
<b>BHUTTAN</b> Goat tripe & liver boiled & pan fried w/ Himalayan spices	<b>\$14.99</b>
<b>SAPUMHICHHA</b> Beef tripe stuffed w/ bone marrow boiled & pan fried w/ Himalayan spices	<b>\$15.00</b>
<b>ALOO CHOP</b> Mashed potato fritters w/	<b>\$9.99</b>

## FROM THE GRILL

Grilled meat or mushrooms marinated in a homemade chilli sauce

<b>CHICKEN SIZZLERS</b> Choice of tendered meat grilled & served w/ noodles, steamed vegetables, french fries & mushroom sauce	<b>\$14.99</b>
<b>GOAT TAAS</b> Boneless sliced meat marinated in Nepali herbs & spices, slow cooked in iron tawa. Served w/ raddish pickle, salad & puffed rice	<b>\$16.99</b>

## SEKUWA

Choice of meat marinated & grilled in open fire & sauteed w/ pepper onions & homemade salad

<b>BUFF. SEKUWA</b>	<b>\$19.99</b>
<b>PORK SEKUWA</b>	<b>\$14.99</b>
<b>CHICKEN SEKUWA</b>	<b>\$13.99</b>

## WINGS

Deep fried wings w/ choice of your sauce

<b>LEMON PEPPER</b> Lemon & Pepper sauce, Spicy Lvl. 2/5	<b>\$9.99</b>
<b>FIERY</b> Homemade chilli sauce, Spicy Lvl. 3/5	<b>\$10.00</b>
<b>TIMUR RUB</b> Himalayan sichuan pepper w/ dried chilli, Spicy Lvl. 5/5	<b>\$10.00</b>
<b>AKBARE MANGO</b> Himalay's hottest chilli sauce w/ mango, Spicy Lvl. 5/5	<b>\$10.00</b>
<b>WINGS PLATTER</b> Boneless sliced meat marinated in Nepali herbs & spices, slow cooked in iron tawa. Served w/ raddish pickle, salad &	<b>\$14.99</b>

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# Main **MAIN COURSE**

## THALI (DAL BHAT)

Rice plate / Dhedo (Polenta) with choice of meat or vegetables served w/ different pickles, seasonal vegetables, lentil soup, chutney & sweet yogurt

<b>VEG. THALI</b>	<b>\$16.99</b>
<b>CHICKEN THALI</b>	<b>\$18.99</b>
<b>PORK THALI</b>	<b>\$18.99</b>
<b>GOAT THALI</b>	<b>\$19.99</b>

## BARA

Black lentil pancakes served w/ vegetable curry

<b>VEG. BARA</b>	<b>\$11.99</b>
<b>CHICKEN BARA</b>	<b>\$12.99</b>
<b>BUFF. BARA</b>	<b>\$14.99</b>
<b>ADD EGG</b>	<b>\$1.99</b>

## CHATAMARI

Rice flour crepe w/ choice of meat or vegetables served w/ vegetable curry

<b>VEG. CHATAMARI</b>	<b>\$11.99</b>
<b>CHICKEN CHATAMARI</b>	<b>\$12.99</b>
<b>BUFF. CHATAMARI</b>	<b>\$14.99</b>
<b>ADD EGG</b>	<b>\$1.99</b>

## SAMAY BAJI

Set of beaten rice, choice of meat, black soyabeans, spinach, mixed pickles, fried ginger garlic, black eyed peas, boiled egg, lentil pancake served cold

<b>VEG. SAMAY BAJI</b>	<b>\$16.99</b>
<b>CHICKEN SAMAY BAJI</b>	<b>\$16.99</b>
<b>BUFF. SAMAY BAJI</b>	<b>\$19.99</b>

## FRIED RICE

Basmati rice stir fried w/ butter & seasonal vegetables & choice of meat

<b>VEG. FRIED RICE</b>	<b>\$11.99</b>
<b>CHICKEN FRIED RICE</b>	<b>\$12.99</b>
<b>PORK FRIED RICE</b>	<b>\$12.99</b>
<b>BUFF. FRIED RICE</b>	<b>\$14.99</b>
<b>BUFF. SUKUTI FRIED RICE</b>	<b>\$16.99</b>

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## MO:MO

Dumplings made w/ choice of meat & vegetables

VEG. STEAMED	\$11.99
VEG. PAN FRIED	\$12.99
VEG. JHOL	\$12.99
VEG. CHILLI	\$13.99
CHICKEN STEAMED	\$11.99
CHICKEN PAN FRIED	\$12.99
CHICKEN JHOL	\$12.99
CHICKEN CHILLI	\$14.99
PORK STEAMED	\$11.99
PORK PAN FRIED	\$12.99
PORK JHOL	\$12.99
PORK CHILLI	\$14.99
BUFF. STEAMED	\$13.99
BUFF. PAN FRIED	\$14.99
BUFF. JHOL	\$14.99
BUFF. CHILLI	\$16.99
ADD BUFF SUKUTI	\$2.99

## CHOWMEIN

Stir fried noodles w/ choice of meat & vegetables

VEG. CHOWMEIN	\$11.99
CHICKEN CHOWMEIN	\$12.99
PORK CHOWMEIN	\$12.99
BUFF. CHOWMEIN	\$14.99
BUFF. SUKUTI CHOWMEIN	\$16.99

## THUKPA

Noodle soup w/ seasonal vegetables & choice of meat

VEG. THUKPA	\$12.99
CHICKEN THUKPA	\$13.99
PORK THUKPA	\$13.99
BUFF. THUKPA	\$15.99
BUFF. SUKUTI THUKPA	\$16.99

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## DESSERTS

<b>YOMARI</b> Rice flour dumplings stuffed w/ dark chocolate & sesame seeds	<b>\$5.99</b>
<b>JUJU DHAU</b> Sweet greek yogurt w/ green cardamom & coconut	<b>\$5.99</b>
<b>PAAN</b> Betel leaves w/ rose petal jam	<b>\$5.99</b>

## BEVERAGES

<b>INDRA CHOWK LASSI</b>	<b>\$5.99</b>
<b>GLASS BOTTLED COKE / FANTA / SPRITE</b>	<b>\$5.99</b>
<b>MASALA TEA</b>	<b>\$2.99</b>
<b>HOT TEA W/ TEA BAGS</b>	<b>\$1.99</b>
<b>HIMALAYAN BLACK COFFEE</b>	<b>\$2.99</b>

## AILAA SPECIAL

<b>SANYA KHUNA</b>	<b>\$11.99</b>
<b>KACHILA BUFF</b>	<b>\$14.99</b>
<b>ANDA KEEMA</b>	<b>\$14.99</b>

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# *Brunch Buffet* **SUNDAY BRUNCH BUFFET**

## **CHANA**

Stir fried chickpeas w/ Himalayan spices

## **KERAU KO TARKARI**

White peas cooked w/ onions & tomato sauce

## **SELROTI**

Himalayan pretzels

## **GUARAMARI**

Himalayan munchkins

## **JERI**

Funnel cake in a lemon scented sugar syrup

## **MALPUWA**

Sweet pancake w/ cardamon & fennel seeds

## **HALUWA**

Sweet polenta w/ raisins & coconuts

## **PURI**

Deep fried wheat bread

## **ALOO CHOP**

Deep friend mashed potato w/ chopped onions, ginger, green chillies in cheakpea batter

## **FURULA**

Fried savory black lentils w/ Himalayan spices

## **JUJU DHAU**

Sweek Greek yogurt

## **SAUSAGE**

## **CHICKEN ROAST**

## **DONUTS**

## **HARD BOILED EGGS**

## **MIXED FRUIT SALAD**

## **FRESH JUICE**

## **MASALA TEA**

**SERVED FROM 10:30 AM TO 03:30 PM, ONLY ON SUNDAY**

**PRICE \$24.99 ONLY**

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# Learn Nepali

## LEARN SOME NEPALI

PAANI	:	WATER
PIRO	:	SPICY
TATO	:	HOT
MITHO	:	DELICIOUS
NAMASTE	:	HELLO / GREETINGS
RAILAA	:	FUN
AILAA	:	LIQUOR
AILAA MA RAILAA	:	FUN AT AILAA / FUN W/ LIQUOR
MALAI PAANI DINUS NA	:	CAN I GET SOME WATER
AJA RAMAILO BHAYO	:	TODAY I HAD FUN
DHANYABAD	:	THANK YOU
SUBHA DIN	:	HAVE A GOOD DAY
SUBHA PRABHAT	:	GOOD MORNING
SUBHA RAATRI	:	GOOD NIGHT
HIJO	:	YESTERDAY
AAJA	:	TODAY
BHOLI	:	TOMORROW
BHOK LAGYO	:	I'M HUNGRY
JHYAP BHAYO	:	I'M DRUNK
MAYA	:	LOVE
MA TIMILAI MAYA GARCHU	:	I LOVE YOU
EK	:	ONE
DUI	:	TWO
TIN	:	THREE