





Introduction

AILAA HIMALAYAN BAR

Ailaa means homemade traditional alcohol. Distilled from fermented grains, it is widely popular in Kathmandu & Nepal.

In the Newari communities of Nepal, Ailaa also carries strong religious significance. A staple in almost every Newari festivities, Ailaa is first offered to the Gods before being served to the humans. Such offerings are believed to please even the Gods, who in turn grant good luck & prosperity.

Our goal with “**Ailaa**” is to introduce traditional recipes from all parts of Nepal, to showcase the rich culture passed on through generations & to add more unique flavors to the growing Boston food scene.

We aim to be THE destination for an authentic Nepali experience in Greater New England region as we continue to research & develop exotic Nepali dishes, some true to their legacy & some with a modern twist, but all coming together to create an experience that brings you to the streets of Kathmandu, to the foothills of Nepal, even if for a brief moment in time.

Come taste the alcohol of the Himalayas, the flavors of the wonder that is Nepal.



SITTAN

Starters or Appetizers

CHOILA

Grilled meat or mushroom marinated in a homemade chilli sauce & served cold

BUFF. CHOILA	\$19.00
CHICKEN CHOILA	\$15.00
MUSHROOM CHOILA	\$15.00

CHILLI

Choice of meat or vegetables sauteed w/ assorted peppers, onions & homemade chilli sauce

BUFF. CHILLI	\$19.00
PORK CHILLI	\$15.00
CHICKEN CHILLI	\$15.00
CHIPS CHILLI	\$12.00
SUKUTI (JERKY) CHILLI	\$20.00

ALOO SANDEKO

Fresh cut boiled potato, onion, tomato, chilli w/ Himalayan spices

BUFF. SUKUTI (JERKY) SANDEKO	\$20.00
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Buffalo jerky mean mixed with peanut oil & homemade chilli sauce

CHICKEN LOLLIPOP

Deep fried chicken wings battered w/ Himalayan spices

MACHHA TAREKO	\$17.00
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Roe fish marinated w/ Himalayan spices fried to perfection

MALEKHU KO MACHHA	\$15.00
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Deep fried smelt fish battered w/ chickpea flour

WAI WAI SANDEKO	\$8.00
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Instant noodle mixed w/ fresh onion & tomato w/ Himalayan spices

CHIPS & CHUTNEY	\$8.00
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Home made chips w/ Himalayan salsa

BAR FRIES (REGULAR / SPICY)	\$8.00
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Home made chips w/ Himalayan spices & sichuan pepper corn

AILAA NANGLO SET

Set of 10 different chefs special appetizers

BUFF	\$60.00
CHICKEN	\$55.00

Food Allergy Notice: Before placing an order please inform your server if you or someone in your party has a food allergy. Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



EXOTIC HIMALAYAN SITTAN

TAUKO FRY Whole goat head boiled & pan fried w/ onions & peppers	\$17.00
JIBRO FRY Beef tongue boiled & pan fried w/ Himalayan spices	\$17.00
BHUTTAN Goat tripe & liver boiled & pan fried w/ Himalayan spices	\$15.00
SAPUMHICHHA Beef tripe stuffed w/ bone marrow boiled & pan fried w/ Himalayan spices	\$15.00
ALOO CHOP Mashed potato fritters w/	\$10.00

FROM THE GRILL

Grilled meat or mushrooms marinated in a homemade chilli sauce

CHICKEN SIZZLERS Choice of tendered meat grilled & served w/ noodles, steamed vegetables, french fries & mushroom sauce	\$20.00
GOAT TAAS Boneless sliced meat marinated in Nepali herbs & spices, slow cooked in iron tawa. Served w/ raddish pickle, salad & puffed rice	\$25.00

SEKUWA

Choice of meat marinated & grilled in open fire & sauteed w/ pepper onions & homemade salad

BUFF. SEKUWA	\$25.00
PORK SEKUWA	\$20.00
CHICKEN SEKUWA	\$20.00

WINGS

Deep fried wings w/ choice of your sauce

LEMON PEPPER Lemon & Pepper sauce, Spicy Lvl. 2/5	\$10.00
FIERY Homemade chilli sauce, Spicy Lvl. 3/5	\$10.00
TIMUR RUB Himalayan sichuan pepper w/ dried chilli, Spicy Lvl. 5/5	\$10.00
AKBARE MANGO Himalay's hottest chilli sauce w/ mango, Spicy Lvl. 5/5	\$10.00
WINGS PLATTER Boneless sliced meat marinated in Nepali herbs & spices, slow cooked in iron tawa. Served w/ raddish pickle, salad &	\$15.00

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Main **MAIN COURSE**

THALI (DAL BHAT)

Rice plate / Dhedo (Polenta) with choice of meat or vegetables served w/ different pickles, seasonal vegetables, lentil soup, chutney & sweet yogurt

VEG. THALI	\$17.00
CHICKEN THALI	\$20.00
PORK THALI	\$20.00
GOAT THALI	\$25.00

BARA

Black lentil pancakes served w/ vegetable curry

VEG. BARA	\$12.00
CHICKEN BARA	\$13.00
BUFF. BARA	\$15.00
ADD EGG	\$2.00

CHATAMARI

Rice flour crepe w/ choice of meat or vegetables served w/ vegetable curry

VEG. CHATAMARI	\$12.00
CHICKEN CHATAMARI	\$13.00
BUFF. CHATAMARI	\$15.00
ADD EGG	\$2.00

SAMAY BAJI

Set of beaten rice, choice of meat, black soyabeans, spinach, mixed pickles, fried ginger garlic, black eyed peas, boiled egg, lentil pancake served cold

VEG. SAMAY BAJI	\$18.00
CHICKEN SAMAY BAJI	\$18.00
BUFF. SAMAY BAJI	\$20.00

FRIED RICE

Basmati rice stir fried w/ butter & seasonal vegetables & choice of meat

VEG. FRIED RICE	\$12.00
CHICKEN FRIED RICE	\$13.00
PORK FRIED RICE	\$13.00
BUFF. FRIED RICE	\$15.00
BUFF. SUKUTI FRIED RICE	\$17.00

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Dumplings made w/ choice of meat & vegetables

VEG. STEAMED	\$12.00
VEG. PAN FRIED	\$13.00
VEG. JHOL	\$13.00
VEG. CHILLI	\$14.00
CHICKEN STEAMED	\$12.00
CHICKEN PAN FRIED	\$13.00
CHICKEN JHOL	\$13.00
CHICKEN CHILLI	\$15.00
PORK STEAMED	\$12.00
PORK PAN FRIED	\$13.00
PORK JHOL	\$13.00
PORK CHILLI	\$15.00
BUFF. STEAMED	\$14.00
BUFF. PAN FRIED	\$15.00
BUFF. JHOL	\$15.00
BUFF. CHILLI	\$17.00
ADD BUFF SUKUTI	\$3.00

CHOWMEIN

Stir fried noodles w/ choice of meat & vegetables

VEG. CHOWMEIN	\$12.00
CHICKEN CHOWMEIN	\$13.00
PORK CHOWMEIN	\$13.00
BUFF. CHOWMEIN	\$15.00
BUFF. SUKUTI CHOWMEIN	\$17.00

THUKPA

Noodle soup w/ seasonal vegetables & choice of meat

VEG. THUKPA	\$13.00
CHICKEN THUKPA	\$14.00
PORK THUKPA	\$14.00
BUFF. THUKPA	\$16.00
BUFF. SUKUTI THUKPA	\$17.00

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Desserts **DESSERTS**

YOMARI Rice flour dumplings stuffed w/ dark chocolate & sesame seeds	\$6.00
JUJU DHAU Sweet greek yogurt w/ green cardamom & coconut	\$6.00
PAAN Betel leaves w/ rose petal jam	\$6.00

Beverages **BEVERAGES**

GLASS BOTTLED COKE / FANTA / SPRITE	\$6.00
MASALA TEA	\$5.00
HIMALAYAN BLACK COFFEE	\$4.00
HIMALAYAN MILK COFFEE	\$5.00

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Brunch Buffet **SUNDAY BRUNCH BUFFET**

CHANA

Stir fried chickpeas w/ Himalayan spices

KERAU KO TARKARI

White peas cooked w/ onions & tomato sauce

SELROTI

Himalayan pretzels

GUARAMARI

Himalayan munchkins

JERI

Funnel cake in a lemon scented sugar syrup

MALPUWA

Sweet pancake w/ cardamon & fennel seeds

HALUWA

Sweet polenta w/ raisins & coconuts

PURI

Deep fried wheat bread

ALOO CHOP

Deep fried mashed potato w/ chopped onions, ginger, green chillies in chickpea batter

FURULA

Fried savory black lentils w/ Himalayan spices

JUJU DHAU

Sweet Greek yogurt

SAUSAGE

CHICKEN ROAST

DONUTS

HARD BOILED EGGS

MIXED FRUIT SALAD

FRESH JUICE

MASALA TEA

SERVED FROM 10:30 AM TO 03:30 PM, ONLY ON SUNDAY
PRICE \$24.99 ONLY

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Learn some Nepali Language

Namaste	:	Hello / Greetings
Paani	:	Water
Piro	:	Spicy
Tato	:	Hot
Chiso	:	Cold
Guliyo	:	Sweet
Nunilo	:	Salty
Mitho	:	Delicious
Railaa	:	Fun
Ailaa / Raksi	:	Liquor
Bhat	:	Rice
Aama	:	Mother
Baba	:	Father
Ailaa ma Railaa	:	Fun at Ailaa / fun with liquor
Malai Paani dinus na	:	Can I get some water
Aja Ramailo Bhayo	:	Today I had fun
Subha Din	:	Have a good day
Subha Prabhat	:	Good Morning
Subha Raatri	:	Good Night
Hijo	:	Yesterday
Aaja	:	Today
Bholi	:	Tomorrow
Bhok Lagyo	:	I'm Hungry
Jhyap Bhayo	:	I'm Drunk
Maya	:	Love
Ma timilai Maya garchu	:	I love you
Ek, Dui, Tin	:	One, Two, Three

Dhanyebad, Feri Bhetaula !

Thank You, See you again !